

## Bors de curcan



### Ingrediente o portie de 350g :

apa 200g, pulpa de curcan 70g, bors 50g, rosii decojite 50g, telina radacina 30g, morcov 20g, ardei gras rosu 20g, ceapa galbena 20g, orez alb negatit 10g, ulei de floare 10g, leustean 5g, pasta de toamate 5g, sare de masa iodata 2g

Declaratie nutritionala	100g	Portie 350g
<b>Energie Kcal</b>	89.81	314.35
<b>Energie Kj</b>	375.76	1315.24
<b>Grasimi</b>	4.32g	15.11g
din care acizi grasi saturati	0.83g	2.91g
<b>Glucide</b>	5.93g	20.74g
din care zaharuri	1.79g	6.27g
Fibre	0.76g	2.65g
Proteine	6.95g	24.34g
Sare	0.77g	2.71g

### Alergeni

Telina,

### Aditivi

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