



## Salata de rosii



### Ingrediente o portie de 150g :

rosii 150g, ulei de masline 10g, Condiment sare / piper 2g (sare de masa iodata, piper negru macinat )

| Declaratie nutritionala       | 100g   | Portie<br>150g |
|-------------------------------|--------|----------------|
| <b>Energie Kcal</b>           | 71.48  | 107.22         |
| <b>Energie Kj</b>             | 299.07 | 448.60         |
| <b>Grasimi</b>                | 6.42g  | 9.63g          |
| din care acizi grasi saturati | 0.91g  | 1.37g          |
| <b>Glucide</b>                | 3.92g  | 5.88g          |
| din care zaharuri             | 2.63g  | 3.95g          |
| Fibre                         | 1.2g   | 1.8g           |
| Proteine                      | 0.89g  | 1.33g          |
| Sare                          | 0.19g  | 0.28g          |

### Alergeni

Alune

### Aditivi

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