



Tochitura de porc cu mamaliguta



Ingrediente o portie de 400g :

pulpa porc degrestata dezosata 200g, mamaliga (apa, malai, sare iodata) 150g, apa 50g, carnati de porc afumati 50g, ceapa galbena 30g, cap piept porc afumat 10g, Condiment sare / piper 10g (sare de masa iodata, piper negru macinat) , vin alb sec 10g, piure de rosii 10g, usturoi crud 10g, Condiment boia/cimbru/usturoi 10g (boia dulce [boia de ardei dulce], praf de usturoi, cimbru) , patrunjel verde 5g

Declaratie nutritionala	100g	Portie 400g
Energie Kcal	139.22	556.88
Energie Kj	582.49	2329.98
Grasimi	4.37g	17.49g
din care acizi grasi saturati	1.37g	5.49g
Glucide	8.57g	34.28g
din care zaharuri	1.09g	4.35g
Fibre	0.99g	3.96g
Proteine	14.06g	56.23g
Sare	0.66g	2.62g

Alergeni

Soia, Alune

Aditivi

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