



Biban la gratar



Ingrediente o portie de 250g :

biban gatit la gratar 200g, lamaie 50g, Condiment sare / piper 2g (sare de masa iodata, piper negru macinat)

Declaratie nutritionala	100g	Portie 250g
Energie Kcal	121.89	304.72
Energie Kj	509.98	1274.94
Grasimi	3.98g	9.95g
din care acizi grasi saturati	0.6g	1.51g
Glucide	1.96g	4.9g
din care zaharuri	0.53g	1.33g
Fibre	0.56g	1.4g
Proteine	19.18g	47.96g
Sare	0.88g	2.21g

Alergeni

Peste, Alune

Aditivi

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