



Supa crema de dovlecei



Ingrediente o portie de 350g :

apa 200g, dovlecei 100g, crutoane simple 50g, telina radacina 50g, ceapa 15g, sare de masa iodata 1g, cimbru 1g, piper negru macinat 1g

Declaratie nutritionala	100g	Portie 350g
Energie Kcal	71.73	251.06
Energie Kj	300.11	1050.43
Grasimi	1g	3.51g
din care acizi grasi saturati	0.23g	0.81g
Glucide	13.24g	46.34g
din care zaharuri	1.06g	3.7g
Fibre	1.37g	4.78g
Proteine	2.27g	7.95g
Sare	0.56g	1.97g

Alergeni

Gluten
Telina
Alune,

Aditivi

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