



Piept curcan la gratar



Ingrediente o portie de 180g :

piept curcan fara piele crud 180g, Condiment sare / piper 2g (sare de masa iodata, piper negru macinat), Condiment boia/cimbru/usturoi 1g (boia dulce, cimbru)

Declaratie nutritionala	100g	Portie 180g
Energie Kcal	160.43	288.78
Energie Kj	671.23	1208.25
Grasimi	2.11g	3.79g
din care acizi grasi saturati	0.41g	0.74g
Glucide	0.49g	0.89g
din care zaharuri	0.24g	0.43g
Fibre	0.08g	0.14g
Proteine	32.99g	59.39g
Sare	0.54g	0.97g

Alergeni

Alune

Aditivi

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